



# Dyslexia Foundation of Memphis

Summer School is now Saturday School !!! Please read below for details!

## Attention Parents and students - Summer School Schedule Change

The Dyslexia Foundation is changing our Summer Program schedule. Due to so many of our staff (supervisors and tutors) not being able to attend our summer program (M-F), we're going to change the way the Summer Program is run. We are going to start meeting only on Saturday mornings like we do for the Fall and Spring programs. The first Saturday for students will be June 3 and the program will run for 12 Saturdays through August 19. The daily schedule will be from 8:00 am till 12:35 and a light snack will be provided. Please check the schedule calendar on our webpage at [www.memphisdyslexia.org](http://www.memphisdyslexia.org).

If you have any questions please call me, Karen Carson, at 901-671-7399 and I will be glad to answer and any questions. I sincerely hope this will be more convenient for everyone.

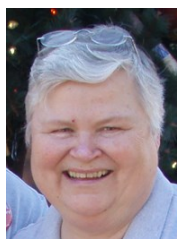
Thank you for your understanding,  
Karen Carson, Director  
Dyslexia Foundation of Memphis

## Trying something different

For the last fifty plus years or so, our summer program has been a time of all week (Mon – Fri) learning. We have had school hours from 8 till 3 and it has worked. But nothing can stay the same forever and that goes for our Summer Semester. For the last 2 summers we have had a harder and harder time getting superiors and tutors who are able to attend Monday through Friday. The economy is making it necessary for both moms and dads to work full time and can't take off 4 weeks to work with the Foundation. So this summer we are going to try something different – or maybe, something the same. We are going to try a Summer Saturday School session. During the summer, a lot of our

*Summer Schedule (Continued on page 3)*

## Wow! What a Spring Semester we had!



The Spring Semester of 2023 was an unforgettable one. It started off with me in the hospital and missing the first Saturday. However, everyone stepped up and school went on without a hitch. Everyone did their part beautifully.

Thursday night before the first day of Saturday school I started feeling bad and running a fever. By early Friday morning I was unable to speak and had become unresponsive. Cain called 911 to take me to the hospital. While I was in the ER Cain notified Linda and Paula to let them know what had happened. After 14 hours in

*Spring (Continued on page 2)*

## Dyslexia Foundation of Memphis

June 1, 2023

Volume 23, Issue 2

### Inside this issue:

Graduates	2
Perfect Attend-	2
Paid Members	3
Rocks in a jar	4
Positive Self-Esteem	5
Waver & Release	7
Applications	8 & 9

## Summer 2023

### SATURDAY PROGRAM

New Parents Meeting	May 25
Application Deadline	May 27
Tutor Workshop	May 27
Student's First Day	June 3
Student's Last Day	Aug 19

## Fall 2023

New Parents Meeting	Sept 7
Application Deadline	Sept 9
Tutor Workshop	Sept 9
Student's First Day	Sept 16
Thanksgiving (Holiday)	Nov 25
Student's Last Day	Dec 9

## Spring 2024

New Parents Meeting	Jan 11
Application Deadline	Jan 13
Tutor Workshop	Jan 13
Student's First Day	Jan 20
Spring Break (Holiday)	March 16
Easter (Holiday)	March 30
Student's Last Day	April 20

## Graduates from Books



The following students completed a book during the Spring Semester:

### Book A

Dalton Barton  
Brayden Hill

Jacob Hawks  
Eesa Malani

### Book C

Loftin Boggan

When a student finishes a book they receive their choice of a trophy or a medallion at an award ceremony on the last day of school. These awards can be engraved for just a few dollars. We have an agreement with First Place Trophies to engrave these awards for a discounted price. Therefore should you wish to have the award your child chose engraved take it to 1st Place Awards, 377-9214 and be sure to tell them to give you the Dyslexia Foundation discount.

## I Need To Know

Do you have questions about Dyslexia, ADHD, or our Program? Do you have a school that needs a speaker? I would love to get the word out to schools, teachers, parent groups, PTA's, or support groups. I have been getting more and more calls from organizations that want to know more about Dyslexia and Learning Disabilities in general. I have been dealing with Dyslexia, ADHD, and learning disabilities in general for over 45 years and am glad to share that knowledge with all that would be interested.

I was the Director of The Learning Disabilities Association of Tennessee, I have taught in regular school classrooms, and been a Special Education teacher at a special school for LD students. I helped write the curriculum we currently use at Saturday School and have been with the Dyslexia Foundation for over 45 years. As most of you know, I love to talk about Dyslexia and Learning Disabilities. So, if you know someone or an interested group have them contact me. Let's get the word out in the Memphis area about Dyslexia, Learning Disabilities, and our great Foundation.



A big salute goes out to the students and staff who did not miss any Saturdays during the entire Spring 2023 semester! Thanks for your dedication to the Foundation.

### Students

Jacob Hawks                      Ava Hammond

### Tutors & Supervisors

Linda Fitzhugh                      Paula Landrum  
Ava Hammond

*Spring (Continued from page 1)*

the ER, I was finally put in a room, about 2:30 am. At this time Cain figured out I was not going to be able to come to Saturday School. He called our daughter Tina, and she came by, picked up the key and served as Cain and my stand-in so Cain could stay with me in the hospital. Everyone just had to wing it. I have often said that "God loves the Dyslexia Foundation" and I still think it is true. I had not grouped the students or made name tags and we had several new students. The supervisors and tutors got no warning, but everyone pulled together, and everything ran smoothly.

But God was on our side. I had a great group of doctors and nurses taking care of me and I was able to go home in a few days. I thought we were back on track. Then, very early two Saturdays later, I got sick again. Cain called Tina to come sit with me while he came to Saturday School. Tina took one look at me and called 911. While the paramedics were loading me up Tina, Colby and Cain put a plan together. Tina and Colby went to school with the key and Cain to the hospital with me. And God watched over the Foundation again. With no warning this time, the supervisors and tutors showed up and did a great job and the students all worked hard.

I just wanted everyone to know what a great staff and wonderful students we have. So, all our staff please take a bow! You guys are the Greatest! And I love you all. - Thanks, Karen

## 2023 Paid Members

PLEASE NOTE: Congratulations, You remembered. These *wonderful* people remembered to send us their dues for this year and they are current paid members! Is your name here or did you forget? No problem you can send a dues check for \$20.00 or *more* to either:

Karen Carson 7532 Hatch Circle Arlington, TN 38002	The Dyslexia Foundation P.O. Box 240792 Memphis, TN 38124
--	---

.... and pay your dues today. Dues makes it possible for us to send you Our Dyslexia Newsletter and other mailings during the year

Barton, Lisa	Hawks, Becky	Perez, German & Teresa
Bitzer, Art & Brenda	Hibbler, Kenya	Perry, George & Rachel
Bloodworth, Kim	Hill, Brayden & Joy	Robles, Osiris
Boggan, Alex	Jenkins, Elexus	Sineath, Stuart
Brotherton, Joe & Patsy	Landrum, Paula	Steadman, Jim & Andrea
Carson, Cain & Karen	Lewis, Jason	Vining, Ann
Colligan, Debbie	Malani, Soyab	Walker, Lisa
Dunn, Whitney	Mason, Bridget	Williams, Ashley
Fitzhugh, Linda	May, Brenda	Wolfe, Bob & Ann
Hall, Jordan & Tamera	McClanahan, Jennifer	Young, Mistie
Hammond, Chris	Mottley, Rachel	
Hastings, Sparkel	Owens, Natasha	

Let's work together to make our list of paid members grow and GROW! (If you have sent in your check and your name is not here, please let us know — Errors do happen...a lot

### *Summer Schedule (Continued from page 1)*

students want to go to church camp or band camp or sports camp or other activities during the week and had to make a hard decision. What do I attend? So, if Dyslexia School continues to be a "Saturday School" then our students can do both at the same time and our supervisors and tutors can still work at the Foundation, win, win.

The Dyslexia Summer Program will be 12 weeks long on Saturdays only. We will meet on Saturdays from 8:00 to 12:35 in June, July, and August. The same tuition as Spring and Fall (\$395.00 if you can tutor or send someone to tutor or \$875.00 if we must hire a tutor for you). A light snack will be provided, just like on Saturday. The new plan is we will have 3 semesters of Saturday School. All the same...the time is the same...the day is the same...and the cost is the same. Spring will be January thru April, Summer, June thru August, and Fall, September through December. Hopefully, this will be easier on all of us...especially the students. Particularly if they go to camp or have sports practice or music lessons during the week. Now they will not have to make a choice, they can do both, participate in a fun activity and get to attend Summer School to give them a head start on the coming school year. Now, moms and dads that work full time can still participate in our Summer Saturday Program. If anyone knows a young adult that would like a Saturday morning job, please let us know. We always need tutors! Another advantage, if you have a summer vacation planned, you only miss one or two Saturdays and not 5 days of learning.

Please give this a try. Call me for more details, Karen Carson, 901 671-7399, or if you know someone that would like to tutor, or you just want to talk. I would love to hear from you. Check our calendar on our webpage, [www.memphisdyslexia.org](http://www.memphisdyslexia.org), for the dates.



## We lost a great tutor to college!

Mr. Miles Mottley graduated from High School this Spring and is off to college in Nashville. Mr. Mottley has been a great tutor for several semesters. We are sorry to see him go but wish him all the best as he enters college. Good luck Miles!

Would you like to see your name in print?

We need guest columnists to contribute articles for the newsletter. No professional writing experience necessary, just a desire to share your experience with others. You can either snail mail it or e-mail it to me at [cain.carson@memphisdyslexia.org](mailto:cain.carson@memphisdyslexia.org)

## Rocks in a Jar

A while back I was reading about an expert on the subject of Time Management. One day, this expert was speaking to a group of business students and to drive home a point he used an illustration those students will never forget.

As this man stood in front of the group of high-powered overachievers he said, "Okay, time for a quiz." Then he pulled out a one-gallon, wide-mouthed mason jar and set it on a table in front of him. Then he produced about a dozen fist-sized rocks and carefully placed them, one at a time, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, "Is this jar full?" Everyone in the class said, "Yes." Then he said, "Really?" He reached under the table and pulled out a bucket of gravel. Then he dumped some gravel in and shook the jar causing pieces of gravel to work themselves down into the spaces between the big rocks. Then he asked the group once more, "Is this jar full?"

By this time the class was onto him. "Probably not," one of them answered. "Good!" he replied. He reached under the table and brought out a bucket of sand. He started dumping the sand in and it went into all the spaces left between the rocks and the gravel. Once more he asked the question, "Is this jar full?" "No!" the class shouted. Once again he said, "Good!"

Then he grabbed a pitcher of water and began to pour it in until the jar was filled to the brim. Then he looked up at the class and asked, "What is the point of this illustration?" One eager beaver raised his hand and said, "The point is, no matter how full your schedule is, if you really try hard, you can always fit some more things into it." "No," the speaker replied, "that's not the point. The truth this illustration teaches us is: If you don't put the big rocks in first, you'll never get them in at all."

What are the 'big rocks' in your life? Time with your loved ones? Your faith, your education, your finances? A cause?

**Remember to put these BIG ROCKS in first or you'll never get them in at all. So what are the 'big rocks' in your life?**

I hope you will make tutoring at the Dyslexia Foundation one of your "big" rocks; so that you will always have time for us and our children.

# 20 Tips to Promote Positive Self-esteem

By Richard D. Lavoie, M.A., M.Ed.

A dynamic relationship exists between self-esteem and skill development. As a child improves in self-esteem, his academic competence increases. And as that competence increases, his self-esteem improves. The caring and concerned caregiver must come to realize that positive self-esteem is both a prerequisite and a consequence of academic success. Here are 20 tips to help foster a child's self-esteem:

- 1) Value each child as an individual with unique strengths, needs, interests and skills.
- 2) Focus on the child's strengths. Emphasize and celebrate his "islands of competence."
- 3) Reject the child's behavior, but never reject the child. Use affectionate terms and nicknames when scolding ("Your room is a mess, honey. Now turn off the TV and make your bed.").
- 4) Remember that sincere interest can be more effective and meaningful than praise. Demonstrate a genuine interest in their activities, hobbies, etc.
- 5) Establish realistic, achievable goals for your child. Anticipate success.
- 6) Avoid using sarcasm with kids - children with language problems often misinterpret it.
- 7) When discussing an issue or a problem, avoid bringing up past difficulties.
- 8) Never compare one child to another.
- 9) Help the child develop decision-making and problem-solving skills.
- 10) Understand that mistakes are an inevitable (and valuable!) part of any learning experience. Use these as an opportunity to teach and assist.
- 11) Divide large tasks into smaller, manageable ones. This will ensure success, mastery, and retention.
- 12) Maintain a file of his academic work. Use this to demonstrate his progress and development when he is feeling down.
- 13) Encourage him to maintain "collections" (e.g., baseball cards, stamps, rocks, etc.). This allows him to be the resident expert on a topic.
- 14) If she does not participate in team sports, promote individual sports (e.g., skiing, golf, swimming). This will provide opportunities for success, exercise, and peer interaction.
- 15) Communicate your confidence in the child and in her future.
- 16) Permit and encourage the child to follow the normal fads of his peer group (e.g., clothing, music). This will enhance his acceptance at school and in the community.
- 17) Emphasize the positive aspects of her behavior or performance, even if the task was not completely successful. Reward direction, not perfection.
- 18) Anticipate that the child will have plateaus, failures, backslides, setbacks, and regressions. Support and encourage him at these times. Kids need love most when they deserve it least!
- 19) Look for opportunities to offer him choices to allow him to practice decision-making skills.
- 20) Never, ever, communicate disappointment to your child. The disappointment of an adult may be too great a burden for a child to carry.

## Remember:

Your child's self-esteem will be determined by the conditional acceptance that he receives from others -and the unconditional acceptance that he receives from you and

Your child's self-esteem will be determined by success and progress in four areas:

- Social (acceptance, friendships)
- Competence (in a skill area)
- Physical (clothing, attractiveness)
- Character (effort, generosity, etc.)

Emphasize, recognize and reinforce all four areas!

© Richard Lavoie, 2002

## The Dyslexia Foundation of Memphis

Dear Parents and Tutors:

We are again planning a 12 week Summer Program. It will be conducted on Saturdays from 8:00 a.m. to 12:30 p.m. The program will run from Saturday, June 3 to Saturday, August 19, 2023 at Lord of Life Lutheran Church, 6865 Poplar Pike, Memphis, TN 38119

Workshops, which are mandatory for all personnel, will be held Saturday May 27, 2023, from 8:00 a.m. to 3:30 p.m. at Lord of Life Lutheran Church. BRING A LUNCH!!!!

The Dyslexia Foundation's own language curriculum is used for instruction. Students **MUST** take part in the full curriculum for the entire 12 week period.

The following policies must be understood by all who apply to the program - - as tutors or students:

1. Only those who have been recommended will be accepted as students. Please contact a Director if you have questions about being accepted.
2. All tutors must be sixteen years of age or older.
3. All participants must be current members of The Dyslexia Foundation of Memphis. Dues are \$20.00 a year.
4. A certain dress code will be observed by everyone.
5. ALL WORKSHOPS ARE MANDATORY FOR ALL PERSONNEL wanting to tutor.
6. All personnel must fulfill all obligations as set forth in the application contract.

Please apply for the subject you prefer to tutor, math or language. New parent-tutors apply only for reading. The following areas require tutors:

1. Reading (All tutors tutor Language)
2. Math

Workshops and daily staff meetings will provide instruction in the use of the materials. Supervision will be given over all areas of instruction.

The tuition is \$300.00 per student plus a \$75.00 registration fee and \$20.00 yearly for dues if not already paid for the year. The registration fee is due with the application before May 27, 2023. The tuition can be paid by installment but full amount is due by the end of the semester. It cannot be refunded. Remember parents who are tutoring must fill out an application.

All applications must be returned before May 27, 2023. If you are unable to meet this deadline please call and notify the Director of your intentions. Neither students nor tutor applications will be accepted after that date unless verbal approval has been made by the Director. If you have any additional questions, please contact the director before the application deadline.

Sincerely,

Karen Carson, Director  
901 671-7399

SEND APPLICATIONS TO:

Dyslexia Foundation of Memphis  
7532 Hatch Circle  
Bartlett, TN 38002

WAIVER OF LIABILITY

In partial consideration of the willingness of Lord of Life Lutheran Church to allow its facility to be used by The Dyslexia Foundation of Memphis, of which my child is a participant, the undersigned parents or guardians of the child(ren) listed below, acknowledge that Lord of Life Lutheran Church shall be free from all liabilities and claims for damages and/or suits for or by reason of any injury or injuries to me, my child(ren), or property, from any cause or action whatsoever while in or upon the property of Lord of Life Lutheran Church during any and all functions of The Dyslexia Foundation of Memphis held on said premises.

I further agree to indemnify and hold harmless Lord of Life Lutheran Church from all liabilities, charges, expenses (including counsel fees) and cost on account of or by reason of any such injuries, liabilities, claims, suits or losses however occurring or damages growing out of same.

Children: \_\_\_\_\_

\_\_\_\_\_

Signed this day of \_\_\_\_\_, 20\_\_\_\_

Parent or Guardian \_\_\_\_\_

\*\*\*\*\*

RELEASE

I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of the acceptance of my application to enter and my receiving permission from The Dyslexia Foundation of Memphis, hereinafter called "Foundation", to participate in the succeeding Dyslexia Summer and/or Saturday School, do hereby release, remise, waive, surrender and forever discharge The Dyslexia Foundation of Memphis together with all of their officers, agents, officials, directors, supervisors, tutors and employees, collectively hereinafter called "Foundation", from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of or related to any injury, illness, loss or damage, including death, relating to participation in the succeeding Dyslexia Summer and/or Saturday School.

I further agree that in the event of any injury or emergency requiring medical attention that if I am assisted by the Foundation in receiving treatment and willingly accept such treatment that I will in no way hold the Foundation responsible for the consequences of my treatment of any problem resulting there from, whether administered by the Foundation or a third party called by the Foundation. Should I become unconscious or unable to give my consent for medical treatment and it becomes necessary for the Foundation to render assistance or have a third party administer medical treatment, I agree not to hold the Foundation responsible for the consequences of my injuries or any claims, losses or damages arising there from. I further agree that I will be responsible for any medical bills incurred in my treatment, and will not hold the Foundation responsible therefore.

Student(s) and/or Tutor(s) name(s): \_\_\_\_\_

Signature of parent(s) if under 18: \_\_\_\_\_ Date: \_\_\_\_\_

**Dyslexia Foundation of Memphis  
Student Application**

Semester: \_\_\_\_\_

Name \_\_\_\_\_ Birth Date \_\_\_ / \_\_\_ / \_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Dominant Hand \_\_\_ Sex: \_\_\_\_\_ Glasses Yes / No

Name \_\_\_\_\_ Birth Date \_\_\_ / \_\_\_ / \_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Dominant Hand \_\_\_ Sex: \_\_\_\_\_ Glasses Yes / No

Parents Name \_\_\_\_\_ Telephone (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

E Mail Address \_\_\_\_\_

My child has permission to be given (if needed): Tylenol Yes/No

Please list any allergies or other medical information that might be needed:

Has your child been tested and recommended for admission into this program? \_Yes / No

If so, Where? \_\_\_\_\_ Year? \_\_\_\_\_

Enclose the Registration Fee for each child with the application to hold your child's place in our program. The tuition is due at the beginning of the fall semester or alternate arrangements can be made by contacting the Director.

If Parent, Friend or Sibling (16 or Older) **Can** Tutor:

Registration fee \$75.00, Tuition \$300.00 Yearly Dues: \$20.00 for a total of \$395.00

**NOTE:** If tutor is absent and the student attends, there will be a \$40.00 additional charge for each Saturday the tutor is absent and the student attends.

If Parent, Friend or Sibling **Can Not** Tutor

Registration fee \$75.00, Tuition \$300.00, Yearly Dues \$20.00 Paid Tutor \$480.00 (\$40.00 a Saturday) for a total of \$875.00

**Fees are not refundable**

If you have any questions call  
Karen Carson at 901 671-7399

Dyslexia Foundation of Memphis  
7532 Hatch Circle  
Arlington, TN 38002

Signature of Parent and/or Guardian \_\_\_\_\_ Date \_\_\_\_\_

**\_\_\_ Return Applications by Specified Deadline \_\_\_**

**Notice** of Nondiscriminatory Policy as to students: The program admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students in the program. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, or other programs.

Emergency Contact Information: Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_



**Dyslexia Foundation of Memphis**  
**Tutor Application**

Name \_\_\_\_\_ Social Security # \_\_\_\_\_  
                    (Last)                      (First)                      (Middle)

Address \_\_\_\_\_  
                    (Street)                                      (City)                      (State)                      (ZIP + 4)

Telephone (\_\_\_\_) \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex \_\_\_\_\_

E Mail Address \_\_\_\_\_

Please describe any previous experience working with children: \_\_\_\_\_

\_\_\_\_\_

To be a current member of the Dyslexia Foundation, a yearly dues fee of \$20.00 per family is necessary. If you have not already paid for the year, please enclose a check for dues (\$20.00). Make this check payable to: Dyslexia Foundation of Memphis.

**Please read carefully before signing:**

I hereby make application for employment as a tutor in the Dyslexia Foundation of Memphis program. I understand that I am required to attend all training workshops without compensation. This application, if accepted, is binding only as long as I perform satisfactory service as a tutor. If I do not meet the requirements for attendance and services, a loss of pay will result. Hired tutors will be paid by the day at monthly intervals.

Signature of Applicant: \_\_\_\_\_ Date \_\_\_\_\_

The following is for hired tutors only: Please list two references.

Name \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

Emergency Contact Information: Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

To be read and signed by parent of tutors under 18 years of age:  
I hereby agree to support my child in his/her commitment to the Dyslexia Foundation. I am aware that this is a one-to-one tutoring situation and that he/she is required to be present every day.

Signature of Parent or Guardian \_\_\_\_\_ Date: \_\_\_\_\_

**Return Applications by Specified Deadline**